

## **NONI JUICE**

Noni is a fruit with extraordinary healing properties. It's been successfully used for over 2 000 years in Polynesia, China and India. Noni grows in abundance in Tahiti in mineral-rich soil without any pesticides and fertilizers. Noni is felt to have exceptionally high energetic quality. The Polynesians consider Noni a gift from God.

For the use in the United States, the Noni fruit is prepared primarily as a food supplement in juice form. Once the fruit is harvested, it undergoes a rigorous four-step quality control procedure. Samples of the fruit puree are carefully tested before the final stage of production. Once the bottling process is complete, each bottle receives an individual quality assurance number.

Research indicates that Noni strengthens the immune system, improve metabolism, regulating cell function and cellular regeneration of damaged cells. The fact that Noni seems to operate on the very basic and critical cellular level may explain why it's useful for a wide variety of conditions. Actually, Noni has over a hundred primary and secondary applications. We will focus mainly on the primary uses like:

- Lowers high blood pressure
- Help regulate and improve sleep, temperature and mood cycles
- Increases body energy
- Acts as anti-inflammatory and anti-histaminic agent
- Alleviates and kill pain, including headaches. Its has really unique anti-pain effect
- Have antibacterial properties that can protect against digestive and heart damage
- Regulate and balancing hormones
- Inhibits pre-cancer function and growth of cancer tumors, lessened symptoms
- Decrease symptoms of allergy
- Lessened symptoms of arthritis
- Lessened symptoms of depression
- Diabetes, types 1 and 2
- Improve memory
- Improve eyesight
- Improve breathing
- Improve digestion
- Increase feeling of well being
- Help cope with stress
- Stroke
- Asthma
- Colitis
- Gangrene
- Gastric ulcers
- Varicose veins
- Sinus problems

- Chronic back pain
- Psoriasis and eczema
- Rheumatoid arthritis
- Lower cholesterol level
- Stop smoking
- Enhance sexuality enjoyment
- Clear parasites
- Anti-aging, look better
- Fuzzy thinking, help clear
- Lost excess weight, obesity
- Increase body-building, muscles
- Increase alertness, mental acuity
- Regulate ovarian cycles and puberty
- Childbirth complications
- Reduce menstrual cramping
- Stabilize blood sugar
- Chronic fatigue syndrome
- Infertility
- Reduce the swellings in the prostate and lessens the need for men urinate at night
- Improve kidney health
- Combat many types of bacteria
- Allowing abnormal cells to function more normally
- Skin and hair problems
- Hearing problems
- Stimulate the production of T-cells in the immune system. T-cells play a pivotal role in fighting disease.
- Enhances the immune system
- Decrease symptoms of heart disease

All above-mentioned improved approximately 75% – 92%. This is very high percentage. It has been accepted that one of Noni's major benefits is its relief of most types of pain. It's 75% as effective as morphine sulfate in relieving most pain. In addition, Noni is not addictive. Traditional names for Noni are – "painkiller tree" or "headache tree". As well as Noni's pain-relieving properties, its also work to stimulate the body.

Noni helps balance the cell's pH level, which increases one's ability to better absorb vitamins, minerals and protein.

Noni may have turned pre-cancerous cells into normal, healthy, functioning cells by slowing down cell multiplication at the gene level. Noni significantly helped with depression and/or migraine headaches. After using Noni juice for two weeks people able to stop smoking and remain free of cigarettes. It can also help to stop using a narcotic or alcohol, taken in a large doses (8 to 10 ounces per day). Noni juice also help when one has: thyroiditis, lupus, viral diseases like HIV, chronic candidacies, lack of vital energy, herpes types 1 and 2, chronic hepatitis, pelvic inflammatory disease, postviral syndrome, yeast, mold and fungus infections such as athlete's foot, yeast vaginitis, thrush, fibroids,

lumps, pulmonary diseases, bone infection, painful and swollen legs, atherosclerosis, warts, sinusitis, bronchitis and chronic post-nasal drip. Also Noni juice helps when there is: heart muscle thickening, diarrhea, worms, nausea and food poisoning, most of the febrile conditions regardless of cause, tendonitis, fibromyalgia, cough, sore throat, tuberculosis, cholera, burns, wounds, ulcers, abscesses, swellings, ring worm, sores, scalp conditions (including dandruff and itching), tumors, broken bones, liver disease, dysentery, sick cells with too much acid and others. By improving liver function, the liver can cleanse the blood more effectively, helping to eliminate toxins from the body. With the help of Noni, the liver can also deal with higher volume of toxins before it feels overwhelmed. Other benefits Noni bestowed upon us through liver include an improved ability to balance hormones more precisely, helping to relieve many menstrual problems, and an improved ability to balance blood sugar, helping to diminish hypoglycemia. Noni boosts liver function so potently that, without excellent nutrition, the liver can run low on the raw material it needs to detoxify, and the toxins can build up again. Supplementation with a good complete protein and eating a wide variety of good food raise effectiveness of Noni juice. Noni helps the immune system keep all kinds of infection at bay. It is very good for skin infections, especially when applied topically, and helps with boils and some type of ache. Noni is incredible with the family of herpes viruses. Besides infections, allergies are another major category of immune imbalance. Noni seems to improve the immune system's ability to discriminate harmful from non-harmful.

Cancer is another large category of diseases associated with immune deficiency. Noni inhibit tumor growth. The cancer patients who've done the best with Noni have been those who've been able to take 8 to 10 ounces per day, or about one-third cup (no more than 3 ounces per intake) three times per day. Noni make big contribution also in preventing cancer. Noni decrease the severity of side effects of chemotherapy and radiation.

It also speed healing after surgery. Noni is very beneficial for many heart conditions. Noni does much to help the brain, (thinking become clearer, moods are more stable). Noni helping depression and many sleep problems. Noni helps with nerve regeneration, such as for example the numb foot. Theoretically Noni would definitely be worth trying for anyone with MS. Noni is almost magic for PMS (premenstrual syndrome) and menstrual migraine headaches. It is also good for menopause. Being helpful for diabetes Noni help also prevent many of the serious consequences of this condition like blindness, kidney failure and numb feet. By giving us more energy and helping us think more clearly, Noni can even help reduce psychological stress in our lives.

In essence, Noni helps the body repair itself by making the glands work at their utmost capacity. The key to Noni's effectiveness is an alkaloid called proxeronine. Proxeronine gets into the small intestinal lining where it is converted into xeronine. Many of our modern diseases are caused by lack of xeronine in the body. Xeronine is present in every cell in the body. Without adequate levels of xeronine, our bodies can't precisely regulate their biochemical reactions or cellular communication. Xeronine can alleviate the symptoms of almost any known disease, as long as the disease is caused by a lack of this alkaloid.

Xeronine also enable a protein to concentrate the tremendous amount of energy contained in body water, which can be used to do various types of mechanical, chemical and electrical work. These actions enable a normal cell to work more efficiently and help a damaged cell repair its deficiencies. Noni is stabilizer on cellular level. Its mean Noni brings to the normal range whatever is out of range and that's why it is helpful for so many health problems.

Noni is a wonderful preventive and medicinal agent that nearly everyone can take, for almost any conditions, and at any time. Children benefit from Noni juice as much as adults. It can be taken any time of day, but on empty stomach. The majority of people who did not see optimal results after taking Noni did not take Noni juice long enough or in high enough doses. For most healthy people and animals, Noni is a good preventative food supplement. Noni has been reported to be safe for pregnant and/or nursing mothers. Noni may also be taken with all medications and other food supplements. Its improve the effectiveness of standard treatments. There were no reports of negative interactions. Noni exerts its positive effects quickly and most people experience results within days to weeks. But you should commit to taking Noni for at least 3 months before deciding how much it helps. The shelf life of Noni juice unopened at room temperature is two years. Opened in the refrigerator, the shelf life is several months. Noni juice may be kept out of the refrigerator safely for shorter periods of time.

Take Noni juice on empty stomach and follow it up with a glass of water. This helps the Noni juice get into the intestinal walls faster. As you take a dose of Noni into your mouth, hold it there for a short while. The proxeronine will immediately start to absorb through the skin in your mouth, helping your gums, relieving gingivitis and canker sores if you have them. Its also help infected teeth. Now swallow the Noni down. It immediately starts boosting your digestive enzymes, improving your digestion and assimilation. You will start to get more nutrients out of your foods and supplements, more benefits from your remedies and medications. It decreases parasites and infective bacteria while leaving friendly intestinal bacteria alone. Noni speeds the regeneration of the lining of the intestines, that one cell thick membrane that separates the contents of your bowels from your blood and lymphatic system. This is very important, and here's why. If that membrane is disrupted for any reason, contents of your bowels that you don't want in your blood stream, such as bacterial waste products, partially digested foods and products of fermentation, can leak through causing many health problems.

Noni juice will also prevent people from developing all above mention conditions.

**Dosing:** Take it half hour before eating on empty stomach. Start 1 teaspoon before breakfast and 1 before dinner for adults (over 16 years). For the child (under 16 years) take 1 teaspoon before breakfast. After 3 days increase the dose. For majority health problems 2 – 4 ounces for adults and half of this dose for child (under 16 years) is sufficient. To really impact the immune system take above 4 ounces per day. People with cancer take up to 8 to 10 ounces per day. Take less for small people, more for large people. Noni juice supplies the

body with proxeronine, and the body regulates this supply and uses what it needs to maintain a healthy level of xeronine. What is not used is simply discarded. Therefore, it is not possible to overdose on the proxeronine in Noni juice. Most people can take 2 – 3 ounces in one dose without difficulty. For higher doses usually recommended splitting it morning and evening. In general about 25% of people respond within the first 3 weeks and rest of will responded by 6 – 8 weeks. If you're going to try Noni for chronic and/or serious health condition, for your own sake commit to 3 months and be willing to increase your dose. Many people, once they achieved relief of their condition, are able to drop back to a lower maintenance dose. On real stressful days, when you've missed sleep, eaten poorly or over indulged in alcohol or other substances, feel free to take more Noni. The intensity of the cleansing reactions is dose-dependent. If the symptoms of cleansing reactions became intolerable, simply reduce the dose, usually to one teaspoon per day, until you feel better, then gradually increase the dose. Drinking 8 – 10 glasses of water per day and adding the juice of half lemon to one of them will help as well.

**Cancer cleansing:** Take 1 bottle of Noni juice daily for 4 days. Every hour take 3 ounces till your bottle is empty. Keep this 1 hour periods exactly, because our body can assimilate only 3 ounces in 1 hour. Everything above that amount will be removed from the body as a waste. Take 4 bottles during 4 days. Then 5-th one take ½ bottle a day. During 6-th, 7-th, and 8-th days take ½ bottle of Noni juice daily. Take the juice every hour.

**For Pets:** Noni juice helps also the animals as well. Animals over 100 lbs are use the adult dose; animals under 100 lbs use the child dose.